

Lavandula angustifolia

also known as English lavender and common lavender

Origin

Most species of lavender are thought to come from the Middle East, the Mediterranean, and India.

Cultivation

Lavender favors a Mediterranean climate (dry summer climate) and does well with a lot of soil drainage. It does not do well in constantly damp soil and prefers a neutral soil pH..

Physical Properties

The lavender plant grows as a shrub with fragrant purple flowers of varying shades. It can grow to be as high as 6.5 ft tall. The flowers grow at the end of long evergreen spikes

Magical Uses

- easing anxiety
- promoting a calm feeling
- relaxation
- protection
- love spells and romance
- healing
- purification
- psychic abilities

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